

## Fighting Fish

### Weekly Update

26 August, 2008

Welcome (or welcome back!) to Fighting Fish. This is the first week that all the new swimmers are beginning and we extend a warm welcome to all the new families. Email is our main method of communication so look for an information packed email update each week..

#### [Mandatory Parent Meeting](#)

We will be holding our mandatory parent meeting on Thursday, 04 Sept. A parent from each family is expected to attend this information-packed session. There will be a formal presentation by Coach Helen, as well as a question and answer session.

The meeting schedule is:

Room location SAS High School room H301

Timing 7:00pm - 8:00 - We will begin with refreshments and question and answer session, then move into the formal presentation

#### [Web Site](#)

The website is being constantly updated. Take a look and you will find that the most up to date information, including practice and meet schedules, can be found on the web site! There is even a "Parent Information " tab that might be of use to new families that has information on first practice, first meet, etc.

[www.thefightingfish.com](http://www.thefightingfish.com)

ID and password for the member section:

ID: swimmer

Pass: fish

#### [Swim Suit and Equipment ordering](#)

We will be taking team uniform swim suit orders next week - see the schedule of dates below. Your registration fee includes a team swim suit, swim cap and tshirt (fee includes first item only - replacements must be purchased).

Parents should accompany younger swimmers to assist in the fitting process to ensure the suit is the proper fit. Swimmers need to try on suits **before** entering the water! Coach Helen is aware that many swimmers will be late to practice due to uniform fittings.

Also for sale, at an additional fee, will be equipment such as kickboards, pull bouys, swim bags, etc.

Please stop in with your swimmer on one of the below dates to fit your swimmer in a suit!

Monday, 01 Sept 3:00 - 4:30 in the PS Cafeteria directly below the Elementary Pool

Tuesday 02 Sept 3:00 - 4:30 directly outside the High School Pool

Thursday 04 Sept 3:00 - 4:30 directly outside the High School Pool

#### [Early Release Day](#)

Wednesday, 03 Sept is an Early Release Day from SAS. All SAS students in grades PreS thru 8 are released at 12:45. The practice schedule will remain the same with early practice beginning at 3pm and later practices starting at 4:00 or 4:30 (depending on squad). Please note that there will be **NO** SACAC after school supervision on this day.

### Attendance

We are implementing a new attendance procedure this year. Swimmers are to sign in on the attendance sheet (located poolside) before they enter the water.

Coaches have notified swimmers of this procedure, but if you could reinforce the concept at home, that would be helpful! Attendance records will be sent out to parents every 2 weeks. Click on the attachments pertaining to your child's squad level to see their attendance for the past 2 weeks. If the attendance sheet does not seem accurate, please remind your swimmer to sign in when they attend a session.

### Malaysian GetAway

We will be traveling to J.B., Malaysia for a 3 day swim camp at the Sofitel Palm Resort. We will utilize their 50 meter pool for a variety of training exercises. The camp will run Friday afternoon (no school at SAS), all day Saturday, and Sunday morning. All swimmers are encouraged to attend all or a portion of the sessions. Swimmers/parents are responsible for their hotel room charge, meals and extras. There is no additional fee for the camp.

Swimmers must be accompanied by a parent or responsible adult.

Information forms and reservation forms are both on the web site under the "Events" tab.

If you do not have a car and still wish to go - families have arranged for taxi service from their house to the resort in JB. Last year's price was around Sing\$50/one way, but please confirm pricing before booking!!! The trip is just over 1 hour. You would need to phone the taxi service in JB at +67 599 1622